



Leseprobe

Carolina Amell

Climb On

The Global Culture of Climbing

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Zum Buch

Filled with sweeping outdoor photography and a wide spectrum of profiles, this impressive and visually rich volume celebrates the courage, persistence, and sense of renewal that define every climber's journey.

Centered on the experiences of beginning climbers – and on the truth that every climber, no matter their level, must repeatedly face the uncertainty of starting – this book offers a global portrait of what it means to move upward despite fear, doubt, or the unfamiliar. **Structured around 22 profiles, it highlights climbers from a range of backgrounds and disciplines: bouldering, rock climbing, big-wall routes, ice climbing, deep-water soloing, and indoor climbing.** Each story reflects early attempts, setbacks, breakthroughs, and the quiet determination that makes climbing a lifelong practice of beginning again.

The **stunning photography – alpine vistas, desert walls, sunlit gym holds, nighttime campsites, and candid moments of camaraderie** – immerses readers in the climbing lifestyle with remarkable immediacy. Beyond individual achievements, this volume reflects the culture that sustains the sport: mentorship, shared knowledge, and the small acts of encouragement that help new climbers take their first steps upward. It is equally suited to those just entering the sport, seasoned climbers seeking renewed inspiration, and community leaders or instructors who want to foster an environment of learning and support. A concluding section gathers essential resources – **including basic climbing information, a glossary, and a grade-conversion chart** – making this visually rich volume both an invitation and a guide to the world of climbing.

Autor

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